



RÉSEAU DES ÉMETTEURS FRANÇAIS UNION FRANÇAISE DES RADIOAMATEURS

Section française de l'Union internationale des radioamateurs (I.A.R.U.)
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[French Contest Committee](#)

French HF Championship "Coupe du REF" rules

1. Objective

- French amateurs work as many amateur stations in as many French of the 97 metropolitans departments (including F6REF HQ), overseas territories (DOM/TOM) and DXCC countries of the world as possible on 80, 40, 20, 15, and 10 meter bands.
- Foreign amateurs work as many F stations in as many of the 97 metropolitans departments (including F6REF HQ) and overseas French territories (DOM/TOM) as possible.

2. Contest period

- CW: Last full weekend in January.
- SSB: Last full weekend in February.
- Contest Period: 36 hours each mode (separate contests).
- Starts 0600 UTC Saturday; ends 1800 UTC Sunday

3. Bands and modes

80, 40, 20, 15, 10 m, according to IARU band plan for each country, CW and Phone.

4. Foreign entry Categories

Category A : SO AB QRP, MO AB QRP

Category B : SO AB LP, MO AB LP

Category C : SO AB HP, MO AB HP

SWL

5. Contest call

CQ REF

6. Exchange

F stations send RST+Dept (or Prefix for overseas French stations)

Ex for F6XXX: 59(9) 75

Ex for FM5XX: 59(9) FM

Non-F stations send RST + serial number (beginning with 001)

7. Scoring

- QSO Points: each F station count one point from same continent or three points with other continent.
- Multipliers: Sum of departments + DOM/TOM worked per band.
- Final score: QSO points X multipliers = final score

Ex: 547 qso points, 224 departments, 4 DOM/TOM
 $(224 + 4) \times 547 = 124\ 716$

8 Log submission

- The log files must be uploaded in Cabrillo format at this address:
<http://concours.r-e-f.org/contest/logs/upload-form>
- See here for specs: http://www.kkn.net/~trey/Cabrillo_v2/ref-ssb.txt
- All log entries must be postmarked no later than 8 **days** after the contest

9 Awards:

- A classification will be established for each continent.
- A certificate will be available for each station.

Miscellaneous:

Metropolitan departments map and list



00*	REF HQ (F6REF)	30	Gard	61	Orne	92	Hauts de Seine
01	Ain	31	Garonne (Haute)	62	Pas de Calais	93	Seine Saint Denis
02	Aisne	32	Gers	63	Puy de dôme	94	Val de Marne
03	Allier	33	Gironde	64	Pyrénées-Atlantiques	95	Val d'Oise
04	Alpes de Haute Provence	34	Hérault	65	Pyrénées (hautes)		
05	Alpes (Hautes)	35	Ille et Vilaine	66	Pyrénées Orientales		
06	Alpes Maritimes	36	Indre	67	Rhin (Bas)		
07	Ardèche	37	Indre et Loire	68	Rhin (Haut)		
08	Ardennes	38	Isère	69	Rhône		
09	Ariège	39	Jura	70	Saône (haute)		
10	Aube	40	Landes	71	Saône et Loire		
11	Aude	41	Loir et Cher	72	Sarthe		
12	Aveyron	42	Loire	73	Savoie		
13	Bouches du Rhône	43	Loire (haute)	74	Savoie (haute)		
14	Calvados	44	Loire Atlantique	75	Paris		
15	Cantal	45	Loiret	76	Seine Maritime		
16	Charente	46	Lot	77	Seine et Marne		
17	Charente Maritime	47	Lot et Garonne	78	Yvelines		
18	Cher	48	Lozère	79	Deux-Sèvres		
19	Corrèze	49	Maine et Loire	80	Somme		
2A	Corse du sud	50	Manche	81	Tarn		
2B	Corse (haute)	51	Marne	82	Tarn et Garonne		
21	Côte d'or	52	Marne (haute)	83	Var		
22	Côtes d'Armor	53	Mayenne	84	Vaucluse		
23	Creuse	54	Meurthe et Moselle	85	Vendée		
24	Dordogne	55	Meuse	86	Vienne		
25	Doubs	56	Morbihan	87	Vienne (haute)		
26	Drôme	57	Moselle	88	Vosges		
27	Eure	58	Nièvre	89	Yonne		
28	Eure et Loir	59	Nord	90	Territoire de Belfort		
29	Finistère	60	Oise	91	Essonne		

French overseas departments and territories

FG Guadeloupe
 FJ Saint Martin
 FH Mayotte
 FK New Caledonia
 FM Martinique
 FO French Polynesia
 FP St. Pierre & Miquelon
 FR Réunion I. FT TAAF
 FW Wallis & Futuna Is.
 FY French Guiana